



According to the calendar, spring arrives this month. I think we are all ready for some warm weather and sunshine on a more permanent basis.

Please check the calendar below because there are many activities this month. On March 1, we are offering the last Stop Smoking Workshop before the whole campus turns smoke-free. The Eat.Move.Save. Program will be presented again on February 28, March 14 and 28 at the Carlinville Rec Hall. This is a beneficial program for those tenants who receive SNAP benefits. The University of Illinois Extension Office has provided this service to teach individuals how to shop while receiving SNAP benefits and then how to create delicious recipes with the ingredients purchased.

See you next month.

Margaret (Peg) Barkley
CEO

OFFICE NEWS MARCH

Thursday, March 1, 2018 - LAST Stop Smoking Workshop, Carlinville Rec Hall at 10 a.m.

Tuesday, March 6, 2018 - Office Closed for Staff Meeting at 3:30 p.m.

Sunday, March 11, 2018 - Daylight Savings Time Begins (Set Your Clocks Forward One Hour!)

Wednesday, March 14, 2018 - EAT.MOVE.SAVE. Program with Lizzy Conrady (U of I Ext Office), Carlinville Rec Hall at 1 p.m.

Tuesday, March 20, 2018 - First Day of Spring

Wednesday, March 28, 2018 - EAT.MOVE.SAVE. Program with Lizzy Conrady (U of I Ext Office), Carlinville Rec Hall at 1 p.m.

When the office is closed, please call **EMERGENCY WORK ORDERS** into the emergency phone number. Please wait until the office opens to call in routine work orders. If you call the emergency line and do not have an emergency, you could be charged.

Address:

P.O. Box 303
760 Anderson St.
Carlinville, 62626
(217) 854-5393
Fax: (217) 854-8749

Office Hours:

Monday-Friday
8 a.m.-4:30 p.m.

**EMERGENCY
NUMBER:
(217) 827-2100**

EMERGENCIES INCLUDE:

- ◆ Gas leaks
- ◆ Frozen or broken water pipes
- ◆ Exposed electrical wires
- ◆ No heat (if the outside temperature is 45-degrees or lower)
- ◆ Sewer line stoppage (not drain line)- this includes a clogged toilet
- ◆ CO/Smoke detector beeping or chirping

Also fire, flood, or anything that threatens life, safety or property damage.

PREVENTATIVE MAINTENANCE INSPECTIONS WILL BE PERFORMED ON WHEATLAND LANE IN STAUNTON (ODD-NUMBERED HOUSES) THIS MONTH. INSPECTIONS MAY TAKE PLACE ON ANY DAY OF THE MONTH BETWEEN THE HOURS OF 8:00 A.M.- 4:30 P.M., MONDAY-FRIDAY SPECIFIC DAYS AND TIMES WILL NOT BE GIVEN.



SMOKE-FREE CAMPUS COMING JULY 30, 2018

HUD has voted to make all units smoke-free as of July 30, 2018. We have to comply with this law and are making efforts to make the transition as smooth as possible. We are offering one last workshop to help Housing residents who wish to stop smoking. The date is:

**Thursday, March 1, 2018
10 a.m.**

at Carlinville Rec Hall

THIS IS YOUR LAST CHANCE TO ATTEND!

**OR VISIT
WWW.QUITYES.ORG
OR CALL
1 (866) QUIT-YES
(784-8937)**

Important Reminders

- ◆ If you have individuals living in the unit that are NOT on the lease, you are in violation and will be at risk of eviction.
- ◆ Remember, tenants may not make any interior or exterior alterations to the home without the prior consent of Macoupin Homes.
- ◆ If it necessary to call the police for a disturbance, please notify the office so we may request a copy of the police report.




**Make Healthy Eating
on a Budget Easy**

EAT.MOVE.SAVE.

Free nutrition education classes available for families receiving SNAP benefits.

Find out more:
go.illinois.edu/EatMoveSave





JOIN US FOR
EAT.MOVE.SAVE.
CLASSES AT THE
CARLINVILLE REC HALL
EACH MONTH!
504 W. NICHOLAS,
CARLINVILLE
UPCOMING CLASSES:
WEDNESDAY,
FEBRUARY 28, 2018
WEDNESDAY,
MARCH 14 & 28, 2018
1-2 P.M.

The class includes a recipe and shopping list for a nutritional meal then a demonstration of meal preparation